



5. Ashes and the Unburning Bush

An extended reflection on Exodus 3:1-14 in relation to Ashing: the contrast between an unburning bush and burnt palm crosses is the unifying thread. The format could broadly be characterised as Reflective liturgy with symbolic action, drawing from Ash Wednesday and the Exodus text. There will be **FOUR** sessions “Take off your shoes”, ‘Name”; Milk and Honey”; “Ashes and oil” You will be invited to take of your shoes, in recollection of the Moses story, during these sessions.

Wednesdays beginning on 4th March in ST HILDA’s at 7.00pm



HOLY WEEK AND EASTER

“Power and powerlessness in the thick of it”

Our preacher during Holy Week this year is the former Archdeacon of Lindisfarne, the Venerable Bob Langley. Bob will take as his theme “Power and powerlessness in the thick of it”.

Service Times for HOLY WEEK

Palm Sunday:

8.00 The Eucharist
9.30 Palm Procession and Parish Eucharist
11.30 The Eucharist

Holy Monday:

9.30 Holy Communion (St G)
7.30 Eucharist and address (St H)

Holy Tuesday:

9.30 Holy Communion (St H)
7.30 Eucharist and address (St H)

Holy Wednesday:

9.30 Holy Communion (St G)
7.30 Eucharist and address (St H)

Maunder Thursday:

7.30 The Eucharist, stripping of Altar and Watch (St G)

Good Friday:

9.30 Matins and Litany (St G)
12.00 - 3.00pm including the Liturgy of the Day beginning at 1.45pm

EASTER DAY at St George's:

5.15am Vigil, Service of Light and Eucharist
8.00am The Eucharist
9.30am The Parish Eucharist
11.00am Eucharist at **St Hilda's**



A worshipping community: inclusive, nurturing, engaged

LENT, HOLY WEEK AND EASTER 2020

THE SEASON OF LENT

From early days Christians have observed the time of Our Lord's passion and resurrection with a season of penitence and fasting.

These forty days of Lent give us an opportunity, through self-examination and repentance, fasting and prayer, to remove the barriers which keep us from God.

It is a time to re-evaluate priorities and put ourselves right - with our inner being, with our neighbour, with creation and with our God.

We mark the season of Lent by giving things up and taking things on. We are encouraged to meditate on God's Word and to open ourselves to new truths.

For those who are able, the church keeps Ash Wednesday, Good Friday, the Fridays of Lent as fast days.

Many find the Sacrament of Reconciliation or Confession especially appropriate during this season which begins on Ash Wednesday, 26 February.

ASH WEDNESDAY

9.30 Holy Communion and imposition of Ashes - AT ST HILDA'S

7.30 Sung Eucharist and Imposition of Ashes - AT ST GEORGE'S



FB: St Georges Church, Jesmond

T: @StGeorgeJesmond

Web: www.stgeorgesjesmond.org.uk

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Tel: 0191 281 1659

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During Lent this year we are offering a selection of study opportunities. Please don't try and do everything!! Do try and commit to one of the following from the following abundant menu:

1. Passion In Parallel – The Last Week

A five-week Bible study to explore, compare and ponder the four gospel accounts of Jesus' passion from a new perspective and in a different light.

In asking 'what was the last week of Jesus' life about?' and 'what does it mean for us now?' we find the four passion narratives presented to us reveal a radical and little-known Jesus, who gave up his life to protest against power without justice and to condemn the oppression of the poor by the rich. Yet in comparing and contrasting the accounts, we find each offers a unique vantage point from which to see and understand the crucified Christ.

This course will be about asking big questions, immersing ourselves in ancient Christian tradition, encountering Christ in his humanity and preparing ourselves for the promise of the resurrection.

Wednesday evenings in the Choir vestry at 7.30

2. The Shack (WP Young)

During the 5 weeks of Lent, you are invited to consider the themes explored in "The Shack" (DVD and book): The overriding themes are i) The nature of God; ii) The concept of the Trinity; iii) God and suffering and evil in the world?

'The beauty of "The Shack" is not that it supplies easy answers to gruelling questions, but that it invites you to come in close to a God of mercy and love, in whom we find healing.'

Mondays (beginning Monday, 2nd March) 2-3.30pm at 42 Jesmond Dene Road

Tuesdays (beginning Tuesday, 3rd) 7.30-9pm at 17 Lily Crescent



3. Prayer 2020

What does prayer means to us, how do we pray and what different forms of prayer might we use? Each week we will explore one of five different types of prayer from our Christian heritage and how it can deepen our relationship with God in our daily lives. We will use prayers written by others, meditations on prayer, scripture readings, silence and contemplation, mantras of prayer, icons and candles, and meditative chants from Taize. Each session will finish with Compline.

1. Silent prayer, contemplative prayer
2. Mantras of Prayer, Breathing and prayers, The Jesus Prayer
3. Words in prayer, Lectio Divina
4. Icons, Candles and the Gaze of prayer
5. The Daily Offices, monastic rhythms and prayer during the day

Tuesdays: beginning 3rd March at 7.30pm in the Lady Chapel



4. Broken

Many of us will have watched, and been moved by, the BBC series Broken by Jimmy McGovern and starring Sean Bean released in 2017. The series and the course portrays real life at its most gritty and raises questions of how to live life faithfully when the going gets tough.

WARNING: the DVD is given a 15 rating and contains swearing, and themes of death, suicide, abuse, violence. Not for the faint hearted this great drama series will provoke interesting conversation around poverty, suicide, gambling, truth, shame, theft, abuse... to name a few.

Second warning: this course is SIX sessions long.

Thursdays: beginning on 27th February at 7.30 at 1 Jesmond Dene Road

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